# **Helpful Local Contacts:**

<u>requestforhelp@volunteercornwall.org.uk</u> – Volunteer Cornwall are offering a service for people who have needs and cannot get help elsewhere.

### **Camborne and Redruth Area**

Trevaskis Farm – From next week if not sooner

https://www.trevaskisfarm.co.uk/ 01209 713931 Home delivery service of hot food or food delivery i.e. tins of food and pasta, pasties. Anyone interested to email them directly.

Will cover a 5-mile radius only.

Crib Stop, Camborne. - 01209 715900. Food deliveries.

Baker Toms - 01209 218989 Food deliveries.

## Miss Molly's Tea Room

01209 718196 Fresh homecooked delivery service – meals on wheels for local community. Daily order sheet available online.

### Iceland, Redruth & Camborne

01209 210982 Elderly shopping from 8.00 until 10.00 a.m. on a Wednesday morning 18.3.20. Online shopping orders

## Smokey Joe's

https://smokeyjoesofcornwall.co.uk/ 01209 821810.

Hot meal deliveries to commence on 23.3.20 but will deliver now if emergency. Blackwater, Scorrier, Mt Ambrose, Redruth, Mt Hawke, Perranporth, Portreath, Porthtowan. Speak to them they will help.

## Bassett Arms, Portreath

01209 842077. Takeaway meals including Sunday Roast, currently unable to provide a delivery service but would be happy for local collections via a volunteer.

Jen's Diner, Redruth - 01209 212477. Free food deliveries.

# Praze Village Shop Camborne

Supporting vulnerable or self-isolating in local area as much as possible.

Praze area only.

# Marsha Wells, Beacon Stores

01209 612314. Food delivery x 2 days per week

#### Inn for All Seasons

http://www.innforallseasonscornwall.co.uk/ 01209 219511.

Take away meal (cost of meal plus re-usable box @ 50p). Between 12.00 & 2.00 p.m.

#### Country Health Food Shop, Redruth

01209 215012. Phone & they will take orders with free deliveries for Redruth & surrounding areas. Wide range of food – eggs, beans, lentils, coffee, tea, plus shampoo & conditioner

# **Delight to Bite Camborne**

Food Delivery Available 07519351102

# The New Camborne Deli

01209 718428

# **Helpful Local Contacts:**

Deliver sandwiches, jacket potatoes but can also supply ham, cheese, eggs and a range of store cupboard essentials.

Tyacks Hotel, Camborne – 01209 612424. Meal deliveries.

Camborne Day Centre & Forget me not tearooms – are open.

Corner Café, Mt Hawke – 07855754152. Home deliveries.

### **Cornish Food Box Company**

01872 211533. Free food delivery

#### Shire Inn, Camborne

https://www.shireinn.co.uk/ 01209 712691.

Local meal deliveries - carveries Tuesday to Sunday

#### **Fourlanes Store**

01209 215052. Local deliveries of shopping prioritising over 70's. Payment by cash or cheque.

#### V Cabs

https://www.taxiincamborne.co.uk/ 01209 717171

Over 70s free taxi service to Iceland to complete food shop during isolation period. Camborne area only.

#### **Amber Cabs**

Contact manager on 01209 831199 or 07787998084

For elderly locals who are self-isolating, happy to pick up prescriptions, small shops or anything that needs dropping to houses.

## C.F.S. (Cornwall Funerals Services)

Scott Waters 01209 211684 has offered help with transport for elderly people – Redruth area.

## Warrior Discount, Tuckingmill

01209 715500 Home deliveries (small charge depending on area) - Gas bottles, white goods, cleaning products, toilet & kitchen rolls, etc.

**Raw4pawz, Redruth –** 07854025015. Free deliveries of raw dog food.

Cows & Sows Farm Shop – 07866 178556. Free deliveries to customers.

#### **Elsewhere in Cornwall**

The Mexico Inn- Offering takeaway service until further notice 01736 710625

## Victoria Inn Threemilestone

https://thevicinn.com/ 01872 278313

Aiming to have a takeaway and food delivery service around local communities for those self-isolating.

#### R.J. Trevarthen

01209 860081. Free delivery of food on Wednesdays & Fridays - 4mile radius of Penhalvean shop.

#### Costcutters, Stithians

# **Helpful Local Contacts:**

01209 861713. Free home deliveries for food, calor gas & log deliveries.

## Spar Shop, Stithians

01209 861675. Volunteers & Local Scouts Group are offering to help with deliveries.

## Norway Inn

http://www.norwayinn.co.uk/ 01872 864241

Aiming to have a takeaway and food delivery service around local communities for those self-isolating.

## Postcard bid to help self-isolating neighbours

https://www.bbc.co.uk/news/uk-england-cornwall-51880695

St Austell Printing Company announced it will be printing these postcards designed by a local in its Printshop for free. You are welcome to take as many as you need and distribute them around your town or village in an act of kindness.

## McFaddens Butchers and Bakers and Premier Stores - West Cornwall

01736 788136

Created food packs available to deliver for those self-isolating

## The Middle Shop, St Clare

01736 363606

Daily deliveries of milk, bread, fruit and veg. Deliveries if required or take phone orders to be collected.

### The Coldstreamer, Gulval

Takeaway food menu and deliver to doors for free

## Mount View Hotel and Pub, Longrock

Pub is delivering meals from the menu to people self-isolating, prices start at £4 with free delivery.

## Facebook Groups - Constantly updating new groups/services

Covid-19 Mutual Aid Helston & Surrounding Areas Covid-19 Mutual Aid Penzance Cornwall Coronavirus Care COVID19 Day to Day help – East Cornwall Here to Help Cornwall Public Group.

Want to <a href="help@cornwallcare.org">help@cornwallcare.org</a> - People able to offer support, location & what they are able to do i.e. welfare checks, food/med deliveries, etc.

Covidmutualaid.org/resources – Small local groups of people setting up independently to support vulnerable people in their local area.